

Active Schools Activities are FREE to ALL. Active East Lothian Activities have a fee, however, are FREE to pupils who are Care Experienced, Young Carers and/or registered for Free School Meals.

Please contact your local Active Schools Coordinator for more information.

Activity	Age	Time	Dates	Venue	Activity Leader	Cost
<b>Monday</b>						
Karate	P4-7	8:00-8:45am	4th Nov—18th Nov	Preston Tower PS (Preston Rd)	Neve Ewing	£9
Swimming (Intermediate)*	P4-7	5:30-6:30pm	28th Oct—25th Nov	Mercat Gait Swimming Pool	Tranent Swimming Club	FREE
<b>Tuesday</b>						
Karate	P1-7	8:00-8:45am	29th Oct—19th Nov	Cockenzie PS	Chris Ewing	£12
Beginner Karate*	P2-7	5:00-6:00pm	5th Nov—26th Nov	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE
Hockey	P4-7	6:00-7:00pm	29th Oct—3rd Dec	2G Hockey Pitch Preston Lodge HS	PL Ladies Hockey Club	FREE
<b>Wednesday</b>						
Running Club	P4-7	8:15-8:45am	30th Oct—4th Dec	Preston Tower PS (Preston Rd)	Mr McAughey	FREE
Beginner Karate*	P2-7	6:00-7:00pm	6th Nov—27th Nov	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE
<b>Thursday</b>						
Netball	P6-7	8:00-8:45am	24th Oct— 5th Dec	Preston Tower PS (Preston Rd)	Ms Murray	FREE
Football	P1-2	3:45-4:30pm	7th Nov—5th Dec	Prestonpans Community Centre	Nicole Hogg	£10
Football	P3-7	4:30-5:15pm	7th Nov—5th Dec	Prestonpans Community Centre	Nicole Hogg	£10
Basketball	P4-7	4:45-5:30pm	14th Nov—5th Dec	Games Hall Preston Lodge HS	Stewart Sands	FREE

\*Swimming (Intermediate) sessions are not swimming lessons. These sessions are an introduction to competitive club swimming—not suitable for non-swimmers or beginners.

\*Beginner Karate is a free introduction for beginners, open to new participants—you can only book a place if your child has not previously attended and is not already a member of the club.



Disability Sport Club, Gymnastics P4-7 (RHS), Netball & Swimming are available to book now. All other activities will be available to book from 6pm on Tuesday 22nd October—except Rock Climbing which will be available to book from 6pm on Friday 1st November. Scan QR code to book online here: [www.eastlothian.gov.uk/ActiveSchoolsPrestonpans](http://www.eastlothian.gov.uk/ActiveSchoolsPrestonpans)

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Activity	Age	Time	Dates	Venue	Activity Leader	Cost
<b>Friday</b>						
Cheerleading	P2-7	1:30-2:15pm	25th Oct—8th Nov	Ross High School Tranent	Erin Buckley	FREE
Cheerleading	P2-7	1:30-2:15pm	29th Nov—13th Dec	Preston Lodge HS	Erin Buckley	FREE
Rock Climbing Novice	P4-7 (Age 8+)	1:30-2:30pm	8th Nov—6th Dec	Forester Park Tranent	ELC Outdoor Learning	£32
Rock Climbing Novice	P4-7 (Age 8+)	2:30-3:30pm	8th Nov—6th Dec	Forester Park Tranent	ELC Outdoor Learning	£32
Rock Climbing Intermediate	P4-7 (Age 8+)	3:30-4:30pm	8th Nov—6th Dec	Forester Park Tranent	ELC Outdoor Learning	£32
Beginner Karate*	P2-7	2:00-3:00pm	8th Nov—29th Nov	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE
Disability Sport Club	P1-7	2:00-3:00pm	8th Nov—29th Nov	Meadowmill Sports Centre	EnjoyLeisure & Active East Lothian	FREE
Gymnastics	P1-3	2:30-3:15pm	25th Oct—8th Nov	Ross High School Tranent	Erin Buckley	£6
Gymnastics	P1-3	2:30-3:15pm	29th Nov—13th Dec	Preston Lodge HS	Erin Buckley	£6
Gymnastics	P4-7	3:30-4:15pm	25th Oct—8th Nov	Ross High School Tranent	Erin Buckley	£6
Gymnastics	P4-7	3:30-4:15pm	29th Nov—13th Dec	Preston Lodge HS	Erin Buckley	£6
<b>Saturday</b>						
Beginner Karate*	P2-7	9:30-10:30am	9th Nov—30th Nov	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE

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## Does your child qualify for FREE sports activities?

### Free Access to Paid Activities

All Active Schools activities are free to all. Active East Lothian activities have a fee, however, are free to children who are care experienced, young carers, and/or registered for free school meals with East Lothian Council. All support is delivered confidentially.

To confirm you qualify and to receive your promo code for free access to paid activities, please email [ssands@elcschool.org.uk](mailto:ssands@elcschool.org.uk).

Your promo code should be used when booking Active East Lothian paid activities online at checkout. If you have previously received a promo code, this is still valid and can be used for new bookings.

Download Free School Meals application forms at [www.eastlothian.gov.uk/FreeSchoolMeals](http://www.eastlothian.gov.uk/FreeSchoolMeals) or email East Lothian Council at [educationenquiries@eastlothian.gov.uk](mailto:educationenquiries@eastlothian.gov.uk) or call **01620 827 827**.

Please note, promo codes should not be shared – incorrect use of your code may result in the offer of a place being withdrawn.



ACTIVE SCHOOLS PRESTONPANS

## VOLUNTEER WITH ACTIVE SCHOOLS!



**We're looking for volunteers to help us provide more opportunities for children and young people to take part in sports and activities in the local community.**

For more information and to find out how you can get involved, please contact:

**Stewart Sands | Active Schools Coordinator**  
E: [ssands@elcschool.org.uk](mailto:ssands@elcschool.org.uk)  
T: 07976 377 956

Online Booking: [www.eastlothian.gov.uk/ActiveSchoolsPrestonpans](http://www.eastlothian.gov.uk/ActiveSchoolsPrestonpans)

**Stewart Sands | Active Schools Coordinator**

Prestonpans Primary School Cluster

Preston Lodge High School, Park View, Prestonpans, EH32 9QJ

E: [ssands@elcschool.org.uk](mailto:ssands@elcschool.org.uk) | M: 07976 377 956 | T: 01875 811 170

**Find us Online:**

 Prestonpans Active Schools

 @PrestonpansAS