

Activity	Age	Time	Dates	Venue	Activity Leader	Cost
Monday						
Swimming (Intermediate)*	P4-7	5:30-6:30pm	27th Oct—8th Dec	Mercat Gait Swimming Pool	Tranent Swimming Club	FREE
Football	P4-7	3:20-4:05pm	27th Oct—8th Dec	Cockenzie PS	Ellis Notley	FREE
Football	P1-3	4:05-4:50pm	27th Oct—8th Dec	Cockenzie PS	Ellis Notley	FREE
Tuesday						
Beginner Karate*	P2-7	5:00-6:00pm	TBC	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE
Shinty*	P1-7	5:45-6:45pm	4th Nov—25th Nov	2G Hockey Pitch Meadowmill	EL Shinty Club	FREE
Wednesday						
Netball Preston Tower Panthers	P6-7	8:00-8:45am	22nd Oct—10th Dec	Preston Tower PS (Preston Rd)	Ms Murray	FREE
Running Club	P4-7	8:15-8:45am	29th Oct—26th Nov	Longniddry PS	Eilidh Paul & Heather Swan	FREE
Hockey	P4-7	3:45-4:30pm	22nd Oct—19th Nov	2G Hockey Pitch Preston Lodge HS	PLHS Future Leaders	FREE
Beginner Karate*	P2-7	6:00-7:00pm	TBC	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE
Thursday						
Running Club	P4-7	8:15-8:45am	23rd Oct—4th Dec	Preston Tower PS (Preston Rd)	Mr McAughey	FREE
Basketball Lunch Club	P4-7	12:40-1:10pm	30th Oct—20th Nov	Cockenzie PS	Stewart Sands	FREE
Friday						
Badminton	P4-7	1:00-1:45pm	24th Oct—21st Nov	Games Hall Preston Lodge HS	PLHS Future Leaders	FREE
Beginner Karate*	P2-7	2:00-3:00pm	TBC	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE
Disability Sport Club	P1-7	2:00-3:00pm	31st Oct—28th Nov	Meadowmill Sports Centre	Active Schools & EnjoyLeisure	FREE
Beginner Judo*	P1-2	2:45-3:30pm	7th Nov—28th Nov	Loch Centre Tranent	Sportif Judo	FREE
Beginner Judo*	P3-4	2:45-3:30pm	7th Nov—28th Nov	Loch Centre Tranent	Sportif Judo	FREE
Saturday						
Beginner Karate*	P2-7	9:30-10:30am	TBC	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE

*Swimming (Intermediate) sessions are not swimming lessons. These sessions are an introduction to competitive club swimming—not suitable for non-swimmers or beginners.

*Beginner Karate, Judo and Shinty are free introductions for beginners, open to new participants—you can only book a place if your child has not previously attended and is not already a member of the club.



Scan QR code for full activity details and online booking
www.eastlothian.gov.uk/ActiveSchoolsPrestonpans

Active Schools Parent & Carer Surveys

We want to hear from you!

Your feedback will help us learn more about: current engagement with sport and Active Schools; what sports and activities you would like to see for your child/children; and how we can better understand the potential barriers to volunteering, and how we can address these challenges to support people in volunteering.

- Scan the QR Code or [click here](#) to visit our survey web page
- On the web page, click the school your child attends
- The survey should take about 5-10 minutes to complete



ACTIVE SCHOOLS PRESTONPANS

VOLUNTEER WITH ACTIVE SCHOOLS!



We're looking for volunteers to help us provide more opportunities for children and young people to take part in sports and activities in the local community.

For more information and to find out how you can get involved, please contact:

Stewart Sands | Active Schools Coordinator
E: ssands@elcschool.org.uk
T: 07976 377 956

Stewart Sands | Active Schools Coordinator

Prestonpans Primary School Cluster
Preston Lodge High School, Park View, Prestonpans, EH32 9QJ
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Find us Online:

-  Prestonpans Active Schools
-  @PrestonpansAS