

Active Schools Activities are FREE to ALL. Active East Lothian Activities have a fee, however, are FREE to pupils who are Care Experienced, Young Carers and/or registered for Free School Meals.

Please contact your local Active Schools Coordinator for more information.

Activity	Age	Time	Dates	Venue	Activity Leader	Cost
Monday						
Karate	P4-7	8:00-8:45am	3rd—31st March (off 10th Mar)	Preston Tower PS (Preston Rd)	Neve Ewing	£12
Swimming (Intermediate)*	P4-7	5:30-6:30pm	20th Jan—10th March	Mercat Gait Swimming Pool	Tranent Swimming Club	FREE
Tuesday						
Karate	P1-7	8:00-8:45am	25th Feb—25th March	Cockenzie PS	Chris Ewing	£15
Beginner Karate*	P2-7	5:00-6:00pm	4th—25th March	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE
Hockey	P4-7	6:00-7:00pm	21st Jan— 25th March	2G Hockey Pitch Preston Lodge HS	PL Ladies Hockey Club	FREE
Wednesday						
Running Club	P4-7	8:15-8:45am	22nd Jan—26th March (off 12th Mar)	Preston Tower PS (Preston Rd)	Mr McAughey	FREE
Fitness	P4	12:50-1:15pm	29th Jan—26th Feb	Longniddry PS	Ms Holligan	FREE
Badminton	P5-6	12:50-1:15pm	5th—26th March	Longniddry PS	Ms Holligan	FREE
Beginner Karate*	P2-7	6:00-7:00pm	5th—26th March	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE
Thursday						
Basketball	P4-7	4:45-5:30pm	20th Feb—20th March	Games Hall Preston Lodge HS	Stewart Sands	FREE

*Swimming (Intermediate) sessions are not swimming lessons. These sessions are an introduction to competitive club swimming— not suitable for non-swimmers or beginners.

*Beginner Karate and Judo are free introductions for beginners, open to new participants—you can only book a place if your child has not previously attended and is not already a member of the club.



Disability Sport Club available to book now!

All other FREE Activities available to book from 6pm on Wed 15th Jan

PAID Activities available to book from 6pm on Mon 3rd Feb

Scan QR code to book online here: www.eastlothian.gov.uk/ActiveSchoolsPrestonpans

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Friday						
Badminton	P4-7	12:45-1:30pm	24th Jan—28th Feb	Games Hall Preston Lodge HS	PLHS Pupils (Supported by S Sands)	FREE
Cheerleading	P2-7	1:30-2:15pm	21st Feb—21st March	Ross High School Tranent	Erin Buckley	FREE
Rock Climbing Novice	P4-7 (Age 8+)	1:30-2:30pm	28th Feb—28th March	Forester Park Tranent	ELC Outdoor Learning	£32
Rock Climbing Novice	P4-7 (Age 8+)	2:30-3:30pm	28th Feb—28th March	Forester Park Tranent	ELC Outdoor Learning	£32
Rock Climbing Intermediate	P4-7 (Age 8+)	3:30-4:30pm	28th Feb—28th March	Forester Park Tranent	ELC Outdoor Learning	£32
Beginner Karate*	P2-7	2:00-3:00pm	7th—28th March	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE
Disability Sport Club	P1-7	2:00-3:00pm	17th Jan—7th Feb	Meadowmill Sports Centre	EnjoyLeisure & Active East Lothian	FREE
Gymnastics	P1-3	2:30-3:15pm	21st Feb—21st March	Ross High School Tranent	Erin Buckley	£10
Gymnastics	P4-7	3:30-4:15pm	21st Feb—21st March	Ross High School Tranent	Erin Buckley	£10
Beginner Judo*	P1-3	2:45-3:30pm	21st Feb—14th March	Loch Centre Tranent	Sportif Judo	FREE
Saturday						
Beginner Karate*	P2-7	9:30-10:30am	8th—29th March	Chris Ewing Karate Dojo, Musselburgh	Chris Ewing Karate	FREE

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Does your child qualify for FREE sports activities?

Free Access to Paid Activities

All Active Schools activities are free to all. Active East Lothian activities have a fee, however, are free to children who are care experienced, young carers, and/or registered for free school meals with East Lothian Council. All support is delivered confidentially.

To confirm you qualify and to receive your promo code for free access to paid activities, please email ssands@elcschool.org.uk.

Your promo code should be used when booking Active East Lothian paid activities online at checkout. If you have previously received a promo code, this is still valid and can be used for new bookings.

Download Free School Meals application forms at www.eastlothian.gov.uk/FreeSchoolMeals or email East Lothian Council at educationenquiries@eastlothian.gov.uk or call **01620 827 827**.

Please note, promo codes should not be shared – incorrect use of your code may result in the offer of a place being withdrawn.



ACTIVE SCHOOLS PRESTONPANS

VOLUNTEER WITH ACTIVE SCHOOLS!



We're looking for volunteers to help us provide more opportunities for children and young people to take part in sports and activities in the local community.

For more information and to find out how you can get involved, please contact:

Stewart Sands | Active Schools Coordinator
E: ssands@elcschool.org.uk
T: 07976 377 956

Online Booking: www.eastlothian.gov.uk/ActiveSchoolsPrestonpans

Stewart Sands | Active Schools Coordinator

Prestonpans Primary School Cluster

Preston Lodge High School, Park View, Prestonpans, EH32 9QJ

E: ssands@elcschool.org.uk | M: 07976 377 956 | T: 01875 811 170

Find us Online:

 Prestonpans Active Schools

 @PrestonpansAS